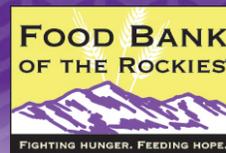


NUTRITION NETWORK

PROGRAMS FOR CHILDREN



FBR's Nutrition Network includes several programs to nourish some of the youngest members of our community. Children who lack proper nutrition can suffer from impaired cognitive development that could last a lifetime. The lack of adequate nutrition impacts physical, mental and social growth. FBR's Nutrition Network provides meals, snacks and weekend food to help children grow and thrive.



Kids Cafe launched in January, 1994, when Food Bank of the Rockies responded to the need for a meal program designed specifically for children at risk of hunger.

During the school year, free hot and cold fresh meals are served in conjunction with existing child enrichment programs, Monday - Friday afternoon. During the summer, lunches are served. For many of these children, there is little or no food at home. These meals are vital for their success, growth and development.

Thanks to the generosity of private contributors, the program has expanded to multiple locations throughout our service area. Select recreational centers, Boys & Girls Clubs and other after school programs and children's sites provide a safe place for kids to eat, study, play and learn. Generous donors provide funds for FBR to purchase, prepare and deliver the meals.

Through these efforts, we know children in need are receiving at least one nutritious meal per day in a nurturing environment. Our purchasing power make it possible to provide balanced meals which meet the USDA Child & Adult Care Food Program and the Summer Food Service Program standards. Meals are prepared in our community kitchen and with a catering partner. Program expansion is desperately needed, but subject to securing additional funding.

Super Snacks Program: The growing popularity of the Kids Cafe Meal Program brought with it many requests for additional sites in low income neighborhoods. With limited resources, we're not yet able to provide full Kids Cafes. As an alternative, we provide Super Snacks - shelf-stable meals packed with protein, whole grains, fruit, vegetables and milk. More than 18,000 Super Snacks nourish growing bodies each month.

Totes of Hope®- Children provides children in food insecure communities with nine to ten pounds of healthy, nonperishable food to take home over the weekend. Children, who otherwise might have to wait until Monday for a hearty meal, now have the security of knowing what's for dinner when school meals are not available. FBR has several sites serving children in areas with high food insecurity; many more are on the waiting list. It costs less than a fancy coffee to fill a tote. This wonderful program alleviates hunger for several children, but for the many more who need our help, additional funding is desperately needed.

Want to Learn More?

Detailed information about these programs for our most recent fiscal year can be found on our website, www.foodbankrockies.org.

If you're interested in alleviating hunger for children or would simply like more information about these wonderful programs, please contact us, 303.371.9250.

